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**RESTART tICrH** - A Randomised Trial of Timing to Restart Direct Oral Anticoagulants after Traumatic Intracranial Haemorrhage.

Dear patient,

### **Would you be happy to help with some research?**

You are recovering from a head injury that caused a bleed in your brain. You were taking a type of medication called oral anticoagulants before your accident due to having an irregular heartbeat (called atrial fibrillation) or because of having a previous stroke or blood clots. Your doctor will have stopped this medication while you recover from your head injury.

Several hospitals around the country are doing some research to find out the best time to restart these oral anticoagulant medications after a head injury. Today some doctors will restart after 1 week while others will restart at 4 weeks.

Our research study, which is called **RESTART tICrH**, will compare restarting medication at 1 week or 4 weeks to find out which approach is best for most people. The study team would ask you some questions initially and then follow up with you another 3 times over the next 6 months, usually by telephone call, to complete some further questionnaires to assess your recovery.

In normal clinical care patients will restart their medication between 1 and 4 weeks after head injury, so this study will not be a significant change from usual care. All patients will be restarted on an oral anticoagulant by 4 weeks and we will monitor your progress over the next 6 months. The broader benefit will be that doctors and patients like you will be better informed in future.

Will you join in this study with us? We do hope so. Please ask for the Patient Information Sheet and Consent form, and we will be happy to answer any questions.

Our website also has a short video/animation we would encourage you to watch at [www.restart-trial.org.uk](http://www.restart-trial.org.uk) or by scanning the QR code.

Thank You

Yours sincerely,

<Insert PI's Name>

RESTART tICrH Principal Investigator

<Insert site contact details>

